



## REDUCe2

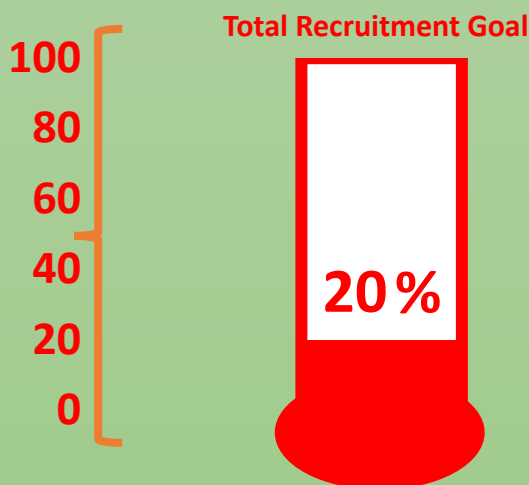
### Palliative Long-term Abdominal Drains Versus Repeated Drainage in Untreatable Ascites Due to Advanced Cirrhosis: A Randomised Controlled Trial

Happy New year to all. It is about 14 months since we commenced recruitment. Despite challenging times, we cannot thank all our collaborators and sites enough for the amazingly hard work done by each and every one of you. Thank you for supporting the REDUCe 2 Study and looking forward to an ongoing fruitful collaboration.

*Prof Sumita Verma*

#### RECRUITMENT UPDATE (as of 31<sup>st</sup> January 2024)

A total of **62** participants have now been randomised.



Thanks to all sites who have recruited so far –  
keep up the fantastic work.



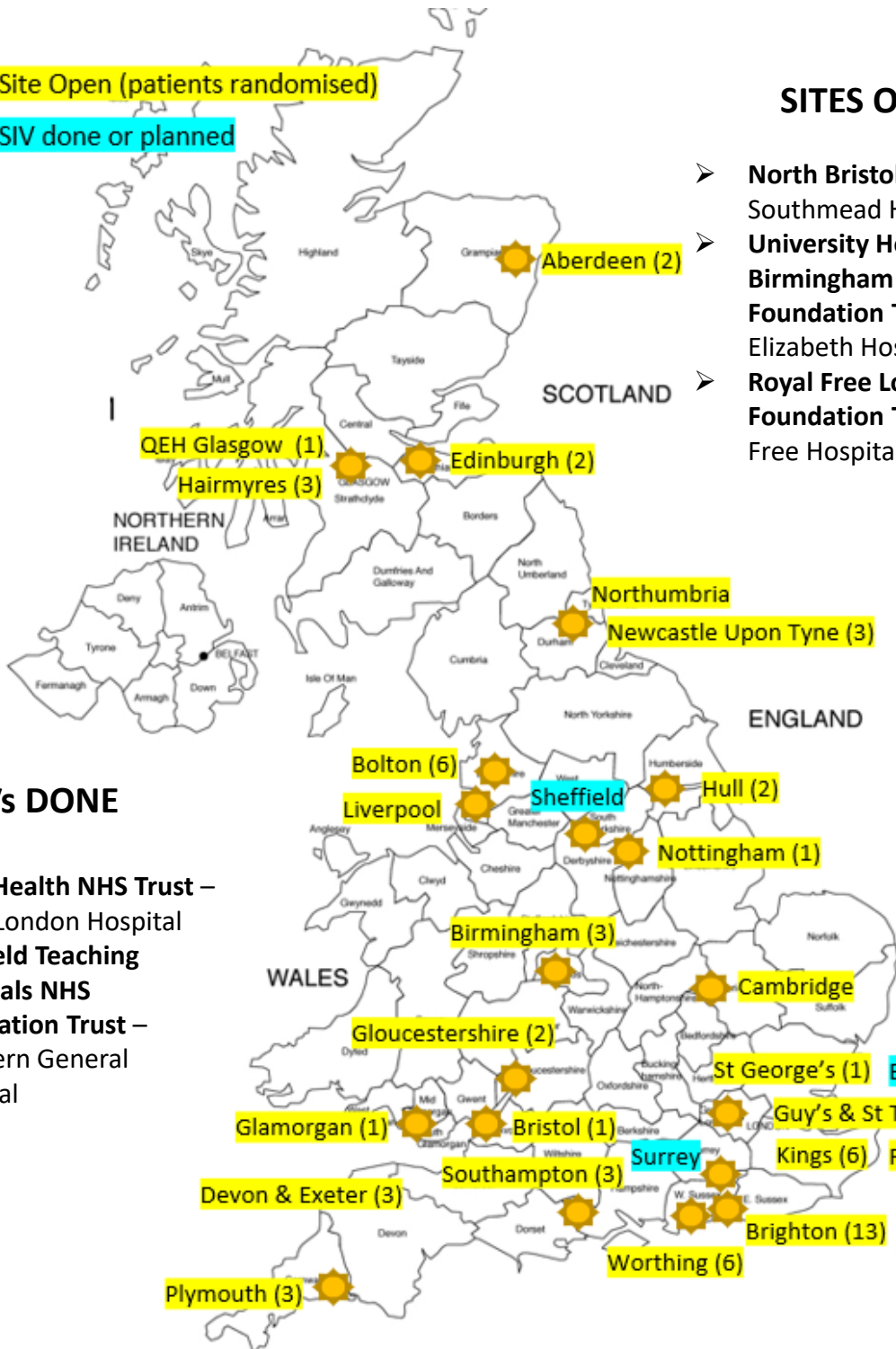
## SITE NEWS August, September & October

Site Open (patients randomised)

SIV done or planned

### SITES OPENED

- North Bristol NHS Trust – Southmead Hospital
- University Hospitals Birmingham NHS Foundation Trust - Queen Elizabeth Hospital
- Royal Free London NHS Foundation Trust - Royal Free Hospital



### SIVs DONE

- Barts Health NHS Trust – Royal London Hospital
- Sheffield Teaching Hospitals NHS Foundation Trust – Northern General Hospital



## Meet the Team .....

The NIHR Clinical Research Network North East and North Cumbria's Direct Delivery Team (DDT) has been supporting the REDUCe2 study since September 2023. The DDT is an agile research team who work across primary care, secondary care and community settings. They have a particular focus on increasing opportunities for under-served communities to be involved in research.

The DDT has been working closely with the hepatology research team at Newcastle Hospitals Trust to deliver REDUCe2. Following screening, consent and randomisation, if a participant has been randomised to the Long Term Abdominal Drain (LTAD) arm of the study, the DDT will arrange follow-up visits in the participant's own home.

DDT staff have enjoyed being part of this important study and have felt privileged to be able to visit the participants at home. Likewise, participants in the study have commented on how much they value home visits. One participant's caregiver said: "Mum [...] really appreciates the additional company the research team and the district nurses provide [...]. You always put a smile on her face the day you visit."



Left to right:  
Rachel Nixon Primary Care Nurse,  
Sarah Hogg Hepatology Team Newcastle Hospitals Trust,  
Lorna Brownlee Hepatology Team Newcastle Hospitals Trust and  
Caroline Fletcher Direct Delivery Team NIHR CRN.



**Bolton win an award!!**



The Bolton REDUCE 2 Trial Collaborative Delivery Team at Bolton NHS Foundation Trust were awarded the ‘Collaborative Working Accomplishment’ prize at the Greater Manchester Health and Care Research Awards 2023.

The award recognises the collaborative work between the Hospital Liver Team, Community Nursing Services and Bolton Hospice.

Alison Loftus, Head of Research and Development at Bolton NHS Foundation Trust, said: “We are so extremely proud of our staff and the incredible work happening in Bolton to improve care for our patients, both now and in the future.

“Research really does have the power to change lives, and we are working hard to open more research opportunities through collaborative working with our partners across the Bolton locality. We will be reaching out to our underserved communities to enable equal access to research for all. We would like to thank all our participants for giving their time to help us to try and make a difference.”

The 10th annual ceremony was hosted by Clinical Research Network Greater Manchester at The Etihad Stadium, Manchester, earlier this month.

The event recognised the outstanding work of the awards finalists during 2022/23 and celebrated the wider achievements of the Greater Manchester, East Cheshire, and East Lancashire research community over the past decade.

Article taken from the Bolton News (6<sup>th</sup> November 2023)



## HOUSEKEEPING

### Questionnaire completion

Please remember that the SFLDQoL questionnaire is a primary endpoint so it's important that this is completed at each visit.

If a participant is tired it is reasonable for research staff to read out the questions for the participant to answer.

**TOP TIP** - Start with the SFLDQoL questionnaire and move on to the others afterwards.

### Proxy Scores

Proxy scores are used for patients who cannot provide their own verbal responses. Another person who is (*most*) familiar with the patient (*family member, caregiver, HCP*) provides the answers on their behalf.

This is different from a patient who can give verbal responses but cannot write them down.

A header has been added to the SFLDQoL questionnaire to confirm who completed it: Participant (Yourself) or by Proxy score (Someone on Your Behalf). This will be shared with sites.

<b>REDUCe2</b>	<b>STUDY ID: R</b> _____		
What is today's date? <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> / <input type="text"/> <input type="text"/> day month year			
Baseline <input type="checkbox"/>	4 Weeks <input type="checkbox"/>	8 Weeks <input type="checkbox"/>	12 Weeks <input type="checkbox"/>
Is this questionnaire completed by:			
Yourself <input type="checkbox"/>	Someone on your behalf <input type="checkbox"/>		



## Documents to be sent after randomisation

Please send the following documents to [reduce2@bsms.ac.uk](mailto:reduce2@bsms.ac.uk) via **Secure** email:

- Patient consent form
- Eligibility Checklist – signed by PI / Co-PI to confirm eligibility
- Caregiver consent form (if applicable)
- Expression of Interest forms for the Qualitative Interview for the patient and / or caregiver, if applicable. These will then be forwarded to SHORE-C.

These should be sent within 2 weeks of randomisation.

## Next Newsletter will be April 2024



Follow us on X (TWITTER) using [@REDUCe2Study](https://twitter.com/REDUCe2Study) for the latest study news!

## WHO TO CONTACT

### General study queries:

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Tel: 07721 860469

Dr Yaz Haddadin (Clinical Research Fellow): [yazan.haddadin@nhs.net](mailto:yazan.haddadin@nhs.net)

Tel: 07881 326775

### eCRF queries or password resets:

Debbie Lambert (Database Manager): [D.Lambert@bsms.ac.uk](mailto:D.Lambert@bsms.ac.uk)

Tel: 01273 641675

### Database for SFLDQoL and CRRS Questionnaires:

SHORE-C Team: [shorec-reduce2@sussex.ac.uk](mailto:shorec-reduce2@sussex.ac.uk)

Tel: 01273 873019

### Additional blood kits:

Dominika Wlazly: [dominika.wlazly@nhs.net](mailto:dominika.wlazly@nhs.net)