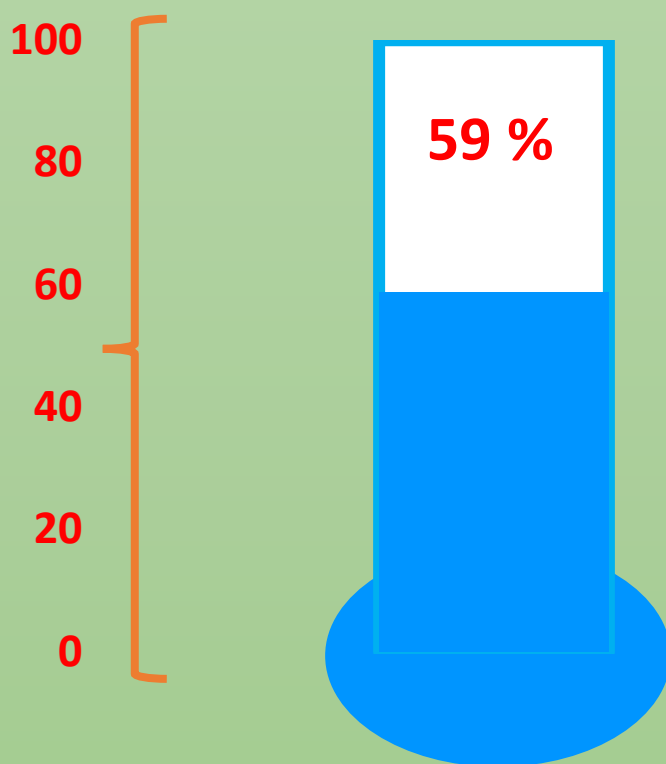


REDUCe2

Palliative Long-term Abdominal Drains Versus Repeated Drainage in Untreatable Ascites Due to Advanced Cirrhosis: A Randomised Controlled Trial

RECRUITMENT UPDATE (as of 30th April 2025)



A total of **182** participants have now been randomised, which equates to **59%** of the overall target.

A massive thanks to all sites for your efforts so far!!

However, there's still a **long way to go** - we still need **8 -11 randomisations per month!!** We can do it!



SITE NEWS February, March & April

Site Open (patients randomised)

SIV done



NEW SITES – SIVs DONE

- Portsmouth Hospitals University NHS Trust -Queen Alexandra Hospital
- Wrightington, Wigan and Leigh Teaching Hospitals NHS Foundation Trust - Royal Albert Edward Infirmary
- Oxford University Hospitals NHS Foundation Trust – John Radcliffe



SHORE-C News



All four Communication Skills workshops have now been held in Bristol, London, Edinburgh and Birmingham.

Topics covered included the study recruitment and communication challenges in REDUCe2, and palliative or end-of-life care settings.

Feedback from attendees

The workshop has been brilliant, very interested in hearing how other sites recruit to the study

The course was very engaging and thought provoking

Good to see the video scenarios to see real life patient consultations, and identify good and bad experiences

I improved communication skills for different trials not just for Reduce 2

Very informative and good to link in with other teams involved in the trial



Qualitative Interviews

We are still looking for Healthcare Professionals to take part in the interviews with SHORE-C. We can be flexible on times.

If you're interested, please email Rachel or Helena at

shorec-reduce2@sussex.ac.uk



Meet the Team.....

University Hospital Hairmyres, Lanarkshire

The liver disease team at Hairmyres Hospital was very encouraged by the results of feasibility REDUCe trial published in 2020. It could not have been more timely as using LTADs in carefully selected patients during COVID-19 pandemic allowed us to keep this very vulnerable group of patients out of hospital setting. It was a logical next step to use our newly developed skills in order to participate in the REDUCe2 study, and we were the first site to open in Scotland



Since opening as a site in February 2023, we have successfully recruited 6 patients. Our research team is made up of Consultant Gastroenterologist and Principal Investigator Dr Natasha McDonald, Clinical Trial Practitioner Emma Speake and Senior Research Nurses Maria McLaughlin and Liz Lennon.

Pictured left to right – Emma Speake Clinical Trial Practitioner, Dr Natasha McDonald Consultant Gastroenterologist/Principal Investigator and Jacqueline Bonnar Liver CNS.



Meet the Team.....

University Hospital Hairmyres, Lanarkshire

We work closely alongside our Liver CNS team led by Jacqueline Bonnar and the wider liver MDT, who do a fantastic job of highlighting potential patients and facilitating research visits within their clinic space. We also have fantastic support from the Interventional Radiology team and Palliative Care. Although it took us some time to have a patient randomised to the LTAD arm of the study, patients have still found taking part in the study to be a positive experience and all patients managed to have LTAD inserted very soon after the study finish. We are proud to be able to provide local access to high quality clinical trials in patients with advanced liver disease living in Lanarkshire.

Study Team news



Congratulations to the Study Team at **Sheffield** who won the draw for sites recruiting patients 150 to 155. Hope your team enjoyed it.

It's a sad farewell to Kate Ocker from NHS Greater Glasgow and Clyde Health Board - Queen Elizabeth Hospital Glasgow who is retiring. Thanks for all your hard work on the study Kate!

Photo: PI – Dr Laura Harrison and
CTA - Fred Smith receiving their hamper.



Top Tips & FAQs

There's a comprehensive FAQ section on our website -

<https://www.reduce2.co.uk>

Associate PI scheme

The NIHR Associate Principal Investigator (PI) Scheme is a 6-month in-work training opportunity, providing practical experience for healthcare professionals starting their research career. The Associate PI Scheme links NHS health professionals who aren't research active with a study Principal Investigator (PI) who will act as a mentor to the Associate PI at the same site for a period of 6 months.



A checklist of activities relating to study management at site is completed which allows the Associate PI to learn research leadership skills and the Associate PI is awarded a certificate on completion of the scheme for their training portfolio.

For more information visit [NIHR Associate PI Scheme](#)

Remember this scheme is prospective and can't be done retrospectively!!

[Apply to be an Associate Principal Investigator | NIHR](#)



KEY CONTACTS

General study queries & Sealed Envelope password resets:

Alison Porges (Trial Manager) reduce2@bsms.ac.uk

Tel: 07721 860469

Dr Yaz Haddadin (Clinical Research Fellow): yazan.haddadin@nhs.net

Tel: 07881 326775

eCRF queries or password resets:

Gina Richards (Data Manager): G.Richards@bsms.ac.uk

Debbie Lambert (Database Manager): D.Lambert@bsms.ac.uk

or general email bsctudata@bsms.ac.uk

Database for SFLDQoL & CRRS Questionnaires & Interviews:

SHORE-C Team: shorec-reduce2@sussex.ac.uk

Tel: 01273 873019

Additional blood kits:

Dominika Wlazly: dominika.wlazly@nhs.net or uhsussex.crf.lab@nhs.net

Additional Rocket Medical LTAD Insertion Kits & Drainage Bags / Bottles:

Customer Services: customerservices@RcoketMedical.com

Additional BD (PeritX) LTAD Insertion Kits & Drainage Bottles:

Contact your local BD rep



Follow us on X (TWITTER) - [@REDUCe2Study](https://twitter.com/REDUCe2Study)
Website - <https://www.reduce2.co.uk>

Next Newsletter will be July 2025